



PHILLIP ISLAND CAMPS CHECKLIST

PHILLIP ISLAND CAMPS HAPPEN ALL YEAR ROUND – MAKE SURE YOU AND YOUR CHILD ARE READY!

Each year, school's all-around Australia organise camping trips to introduce students to the wonders of nature and outdoor adventure activities. School camp is a rite of passage for all kids – big and small, and it's a fantastic opportunity for students to develop new friendships, skills and interests.

For many kids, it will be their first time being away from home and the comfort of their parents, which is the perfect opportunity to teach them independence. The process should begin with the Phillip Island Camps checklist and handing over the responsibility for packing and organising for the camp.

The school will usually send home a list, and we strongly encourage you to run through the list to add more detail or other necessary/sentimental items. With your child, go through the list and highlight things that need to be bought or borrowed (well before camp to ensure you're not scrambling last minute!).

Organisation is essential! Leaving something important behind could be the difference between a horrible experience and a camp experience they will cherish forever.

It's also an excellent idea for you and your child to practice packing and to unpack the items in their bag with a checklist. This will help them to be aware of what they have and to understand what order is best to pack, such as the essentials at the top so that they can be quickly accessed. This will go a long way to ensuring your child can re-pack at the end of the camp and minimise the chance they will leave something behind.

Sleeping bags & pillows are not required at Phillip Island Camps

Towels are required

As well as providing an unforgettable outdoor adventure, Phillip Island Camps also hosts conferences, get togethers and retreats. Located conveniently in Newhaven, the first town you come across when you cross the bridge onto Phillip Island, it's the perfect access point to all activities on the island, as well as being within walking distance of stunning beaches and beautiful parks.

If you have never visited and stayed, we guarantee you won't want to leave.
Check out our [website](#) for more information or get in [contact](#) with us today!

WHAT TO PACK

At the top of the school camp checklist, is luggage – it needs to be big enough to fit everything comfortably but remember that your child will have to carry the luggage on their own, so make sure it's not too heavy or too big. One piece of luggage and a small backpack for day trips are highly recommended. Mark these with your child's name, address and phone number.

GENERAL CONSIDERATIONS

- Clothing taken on outdoor or adventure programs should allow participants to be comfortable and protected in a range of conditions, regardless of the season.
- Practicality is key: clothing that is quick drying and resistant to damage is ideal.
- Clothing should fit the person well. Unsuitable or ill-fitted clothing can impair student participation and may be hazardous.
- Wash all clothing before packing and ensure to mark everything with your child's name or initials, from socks to soap cases, if something goes missing, you'll want it to be returned without a fuss.

CLOTHING

- Shorts and t-shirts
- Jeans
- Socks and underwear
- Raincoat
- Warm water proof jacket or jumper particularly if you are seeing the Penguins
- Long sleeve/long pants if weather looks to be cold
- Pyjamas
- Swimming costume
- Sun hat
- Two pairs of sneakers – one old pair for water for camp activities
- Thongs – for showers
- Wetsuit if surfing or water activities

SLEEPING

- Sleeping Bag – Not Required
- Pillow – Not Required
- Towel - Required

TOILETRIES

- Soap
- Toothbrush and toothpaste
- Shampoo/Conditioner
- Deodorant
- Lip Balm
- Insect Repellent
- Sunscreen

PERSONAL EQUIPMENT

- Torch
- Personal medical requirements
- Two towels – bathroom and beach towel
- Sunglasses
- Day backpack
- Paper, pens or pencils
- Plastic bags for dirty or wet clothes
- Tissues
- Water bottle
- Pocket money – for souvenirs
- Camera – optional, a waterproof disposable camera is a great idea to capture the memories

**A policy on mobile phones/personal devices should be communicated to students and parents. Where such items are allowed, it should be made clear to parents and students that the school will not take responsibility for any loss.*

PROHIBITED ITEMS

Students must **not** bring alcohol, cigarettes, medication not documented on the medical form or illegal substances.

**Other items not to be taken must be communicated to students and parents.*

This is not an exhaustive list and can be added to when you know what activities you will be taking part in.